



## Who We Are

### About Us

Huntingdon Behavioral Health was founded to provide psychiatric and psychological care. We are here for those in need of diagnosis and treatment of a mental health condition. Our program is developed to assist adults in their behavioral and mental health to achieve their highest level of independence and functioning.

We are a full-service behavioral health provider with a team of over 90 psychologists, psychiatrists, APRN's, and licensed clinical social workers in more than 220 skilled nursing, memory care, and assisted livings throughout the state of Florida.

Our psychiatrists and psychiatric nurse practitioners serve as consultants to the facility's attending physicians and nursing staff, lending their medical expertise to improve the quality of care for their patients.

*Ready to bring Huntingdon's services to your team or interested in becoming a Huntingdon team member? Call today!*

### Contact Us

**Phone:** 1-866-936-5250

**Email:** Stephanie Witt, Director Clinical Operations  
switt@mcr.health

**Web:** [huntingdonbehavioral.health](http://huntingdonbehavioral.health)



Scan the QR code  
for more information!

### Huntingdon Behavioral Health Corporate Headquarters

43 Barkley Circle Suite, 201  
Fort Myers, FL 33907



### Behavioral Health Solutions for Long Term Care Facilities



For More Information  
866-936-5250  
[huntingdonbehavioral.health](http://huntingdonbehavioral.health)

### Providers are Available to Facilities Clinical Team 24/7

- HIPAA compliant platform and resources for Telemedicine are available.
- On-call 24/7 accessibility to facilities when guidance and orders are needed.

*"Huntingdon's immediate response to the request and coordination with our facility to ensure uninterrupted care of our residents, as well as Dr. Bishop's unwavering dedication to her craft, through the use of Telehealth, has helped our residents and staff more easily get through some very difficult times. We very much appreciate Dr. Bishop and Huntingdon for their support during this time of crisis."*

Pamela Rawlinson, Director of Nursing,  
Scott Lake Health and Rehabilitation Center.



## Medication Management and Gradual Dose Reductions

### Medications are monitored for Gradual Dose Reduction

Our teams apply a multidisciplinary approach to achieve optimal results for residents by integrating pharmacological and behavioral interventions. Because Gradual Dose Reduction (GDR) is a top priority, our teams closely manage and monitor the use of psychiatric drugs, delivering the lowest possible doses to provide residents with the highest quality of life.

We are the only behavioral health company that has introduced a pharmacy consultant to our management team, who can consult directly with your pharmacy, physicians, and nursing team. This allows you to improve dose reduction outcomes and get targeted analytics.



## Why choose Huntingdon Behavioral Health?

We have served the Florida long term care market over 20 years. We are the industry leader because of our outstanding business model and our ethical and professional practitioners.

We are trained and certified in best practices to care for the mental health of the elderly. Our trustworthy professionals work with staff and residents to obtain the best possible outcomes.

## How do you access our services?

If you feel that a resident is in need of our services, notify a member of the clinical staff at the facility.

Upon receipt of an attending physician's order, the psychologists perform an initial evaluation, providing psychotherapy and/or behavioral health management when clinically appropriate. Our psychiatrists then perform an initial evaluation and psychiatric medication management when clinically indicated. This collaboration provides continuity of care for the residents and another opportunity for medical professionals to support the well-being of your loved ones.

*"Huntingdon is a practice that is 100% dedicated to long term care. This focused scope has allowed us to drive patient clinical outcomes, improve facility survey results, and attract providers looking for a rewarding career while having a good work life balance. Our keys to success are regular scheduled facility presence, a dedicated work force and simply listening to patient and family concerns."*



**James Horst,**  
Medical Director

If the resident is experiencing anxiety, agitation, sadness, loss of appetite, out of character responses, difficulty adjusting to their new environment, or other mental health and behavioral symptoms, contact your facility and ask if an evaluation and consult is the right step for the resident.

## How Residents Benefit

- Enhanced physical and psychological well being
- Reduced reliance on psychiatric medication
- Increased interest in physical, occupational, and speech therapy
- Reduced agitation and anxiety
- Decreased aggressive behaviors
- Decreased disruptive behaviors
- Increased participation in daily living activities
- Improved communication with staff and family
- Increased family satisfaction



**HUNTINGDON**  
BEHAVIORAL HEALTH  
A Division of MCR Health

